



---

**Mailing address:**  
3501 Swan Ave.  
Wausau, WI 54401

Phone : (715) 359-6046  
e-mail: [dabitz@stablehandstherapy.com](mailto:dabitz@stablehandstherapy.com)  
[www.stablehandstherapy.com](http://www.stablehandstherapy.com)

Dear Parents/Student/or Guardian,

The following forms need to be completed and returned to the above address as soon as possible for us to be able to review each student for equine therapy.

**For you to fill out:**

- Participant's Application & Health History- page 1 & 2
- Liability Release- page 3-A

**Give to Physician:**

Filled out by you: Participants Consent for Release- page 3

**To be completed by Physician:**

- Conditions & Contraindications- pages 4
- Medical History- page 5

---

I look forward to seeing you when class starts. If you have any questions, please do not hesitate to call or email me.

Sincerely,

Diane Abitz  
Executive Director/Program Director  
715-359-6046 office /715-302-2484 cell  
[dabitz@stablehandstherapy.com](mailto:dabitz@stablehandstherapy.com)



Mailing address:  
3501 Swan Ave., Wausau, WI 54401  
(715) 359-6046 [dabitz@stablehandstherapy.com](mailto:dabitz@stablehandstherapy.com)



## Participant's Application & Health History

### GENERAL INFORMATION

Participant: \_\_\_\_\_ Date: \_\_\_\_\_  
 DOB: \_\_\_\_\_ Age: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Gender: M F  
 Address: \_\_\_\_\_  
 Phone: \_\_\_\_\_ Email: \_\_\_\_\_ Alternative #: \_\_\_\_\_  
 Employer/School: \_\_\_\_\_ Grade: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 Phone: \_\_\_\_\_  
 Parent(s)/Legal Guardian: \_\_\_\_\_  
 Siblings: \_\_\_\_\_  
 Caregivers: \_\_\_\_\_  
 Address (if different from above): \_\_\_\_\_  
 Phone: \_\_\_\_\_  
 Referral Source: \_\_\_\_\_ Phone: \_\_\_\_\_  
 How did you hear about the program? \_\_\_\_\_

### HEALTH HISTORY

Diagnosis: \_\_\_\_\_ Date of Onset: \_\_\_\_\_

*Please indicate current or past special needs in the following areas:*

	Y	N	Comments
Vision			
Hearing			
Sensation			
Communication			
Heart			
Breathing			
Digestion			
Elimination			
Circulation			
Emotional / Mental Health			
Behavioral			
Pain			
Bone / Joint			
Muscular			
Thinking / Cognition			
Allergies			

**MEDICATIONS** (include prescription and over-the-counter, name, dose and frequency) \_\_\_\_\_

Describe your abilities/difficulties in the following areas (include assistance required or equipment needed):

**PHYSICAL FUNCTION** (e.g., transfers, walking, wheelchair use, driving/bus riding, weaknesses)

Mobility: \_\_\_\_\_

Motor skills: \_\_\_\_\_

**PSYCHOSOCIAL FUNCTION**

Interests: \_\_\_\_\_

Dislikes: \_\_\_\_\_

Support systems/family structure/companion animals: \_\_\_\_\_

Job/grade, etc.: \_\_\_\_\_

**GOALS** (why are you applying for participation? What would you like to accomplish?)

Physical: \_\_\_\_\_

Educational: \_\_\_\_\_

Social: \_\_\_\_\_

Life: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

☐ **PHOTO RELEASE**

☐ I DO

I DO NOT

consent to and authorize the use and reproduction by \_\_\_\_\_

(center)  
of any and all photographs and any other audio/visual materials taken of me for promotional material, educational activities, exhibitions or for any other use for the benefit of the program.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Client, Parent or Legal Guardian



3501 Swan Ave.  
Wausau, WI 54401  
(715) 359-6046  
dabitz@stablehandstherapy.com



## Participant's Consent for Release

I hereby authorize: \_\_\_\_\_  
(person or facility)

to release information from the records of: \_\_\_\_\_ DOB: \_\_\_\_\_  
(participant's name)

The information is to be released to: Stable Hands Equine Therapy Center  
(center or therapist's name)

for the purpose of developing an equine activity program for the above named participant. The information to be released is indicated below:

- ☐ Medical history
- ☐ Physical therapy evaluation, assessment and program plan
- ☐ Speech therapy evaluation, assessment and program plan
- ☐ Mental health diagnosis and treatment plan
- ☐ Individual Habilitation Plan (IHP) Classroom
- ☐ Individual Education Plan (IEP) Psychosocial
- ☐ evaluation, assessment and program plan Cognitive-
- ☐ behavioral management plan
- ☐ Other: \_\_\_\_\_

This release is valid for one year and can be revoked, in writing, at my request.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Print Name: \_\_\_\_\_

Relation to Participant: \_\_\_\_\_

Please send materials to: Stable Hands Equine Therapy Center

Mailing address: 3501 Swan Ave.

Wausau, WI 54401

Or email to: dabitz@stablehandstherapy.com



## LIABILITY RELEASE

\_\_\_\_\_ (Rider's name) would like to participate in the Stable Hands program. I acknowledge the risks and potential for risks of horseback riding and horse related activities. However, I feel the possible benefits to myself/my son/my daughter/my ward are greater than the risk assumed. I hereby, intending to be legally bound, for myself, my heirs and assigns, executors or administrators, waive and release forever all claims for damages against Stable Hands, Inc., its Board of Directors, Instructors, Therapist Consultant, Equine Manager/Volunteers and/or Employees for any and all injuries and/or losses I/my son/my daughter/my ward may sustain while participating in the Stable Hands program.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Client, Parent or Guardian

## RIDER'S AUTHORIZATION/EMERGENCY MEDICAL TREATMENT

In the event of an emergency medical aid/treatment is required due to illness or injury during the process of receiving services, or while being on the property of the agency, I authorize Stable Hands to:

- Secure and retain medical treatment and transportation if needed.
- Release client records upon request to the authorized individual or agency involved in the medical emergency treatment.

### IN CASE OF AN EMERGENCY CONTACT:

\_\_\_\_\_ PHONE \_\_\_\_\_  
OR CONTACT \_\_\_\_\_ PHONE \_\_\_\_\_  
Physician's Name \_\_\_\_\_  
Preferred Medical Facility \_\_\_\_\_  
Health Insurance Co. \_\_\_\_\_  
Policy # \_\_\_\_\_

## CONSENT PLAN

This authorization includes x-ray, surgery, hospitalization, medication and any treatment procedure deemed "life-saving" by the physician. This provision will only be invoked if the person below is unable to be reached.

Date \_\_\_\_\_ Print Name \_\_\_\_\_ Phone \_\_\_\_\_

Consent Signature \_\_\_\_\_



Mailing address:  
3501 Swan Ave.  
Wausau, WI 54401  
(715) 359-6046



Date: \_\_\_\_\_

Dear Health Care Provider:

Your patient \_\_\_\_\_  
(participant's name)

is interested in participating in supervised equine activities.

In order to safely provide this service, our center requests that you complete/update the attached Medical History and Physician's Statement Form. Please note that the following conditions may suggest precautions and contraindications to equine activities. Therefore, when completing this form, please note whether these conditions are present, and to what degree.

### Orthopedic

Atlantoaxial Instability - include neurologic symptoms  
Coxarthrosis  
Cranial Defects  
Heterotopic Ossification/Myositis Ossificans  
Joint subluxation/dislocation  
Osteoporosis  
Pathologic Fractures  
Spinal Joint Fusion/Fixation  
Spinal Joint Instability/Abnormalities

### Neurologic

Hydrocephalus/Shunt  
Seizure  
Spina Bifida/Chiari II Malformation/Tethered Cord/Hydromyelia

### Other

Age - under 4 years  
Indwelling Catheters/Medical Equipment  
Medications - e.g., Photosensitivity  
Poor Endurance  
Skin Breakdown

### Medical/Psychological

Allergies Animal  
Abuse Cardiac  
Condition  
Physical/Sexual/Emotional Abuse  
Blood Pressure Control  
Dangerous to Self or Others  
Exacerbations of Medical Conditions (e.g., RA, MS)  
Fire Setting  
Hemophilia  
Medical Instability  
Migraines  
PVD  
Respiratory Compromise  
Recent Surgeries  
Substance Abuse  
Thought Control Disorders  
Weight Control Disorder

Thank you very much for your assistance. If you have any questions or concerns regarding this patient's participation in equine-assisted activities, please feel free to contact the center at the address/phone indicated above.

Sincerely,

Name

Center Name

Phone Number





Mailing address: www.stablehandstherapy.com  
3501 Swan Ave.  
Wausau, WI 54401

NAME: \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_

ADDRESS: \_\_\_\_\_

NAME OF PARENT/GUARDIAN \_\_\_\_\_

DIAGNOSIS \_\_\_\_\_ DATE OF ONSET \_\_\_\_\_

**\*\*\*FOR PERSONS WITH DOWN SYNDROME:**

\_\_\_\_\_ NEGATIVE CERVICAL X-RAY FOR ATLANTOAXIAL INSTABILITY. X-RAY DATE \_\_\_\_\_

\_\_\_\_\_ NEGATIVE FOR CLINICAL SYMPTOMS OF ATLANTOAXIAL INSTABILITY.

TETNUS SHOT: Yes \_\_\_\_\_ No \_\_\_\_\_ Date \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_ Seizure Type \_\_\_\_\_

Controlled \_\_\_\_\_ Date of Last Seizure \_\_\_\_\_ Medications \_\_\_\_\_

Please indicate if patient has a problem and/or surgeries in any of the following areas by checking yes or no. If yes, please comment

Areas	Yes	No	Comments
Auditory			
Visual			
Speech			
Cardiac			
Circulatory			
Pulmonary			
Neurological			
Muscular			
Orthopedic			
Allergies			
Learning Disability			
Mental Impairment			
Psychological Impairment			
Other			
Crutches _____ Yes _____ No - Braces _____ Yes _____ No - Wheelchair _____ Yes _____ No - Special Precautions? _____			

To my knowledge there is no reason why this person cannot participate in supervised equestrian activities. However, I understand that the therapeutic riding center will weigh the medical information above against the existing precautions and contraindications. I concur with a review of the person's abilities/limitations by a licensed/credentialed health professionals in the implementing of an effective equestrian program.

Physician Name (Please print) \_\_\_\_\_ Date \_\_\_\_\_ Phone \_\_\_\_\_

Physicians Signature \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_