



## **HORSE DAY CAMP**

Fun and adventure awaits your camper at Stable Hands with an opportunity for building self-esteem, self-awareness and self-discovery in a wonderful indoor and outdoor environment.

**Session 1: July 25-29**

**9am - 3pm**

Sign-up deadline: July 14th

**Session 2: August 22-26**

**9am - 3pm**

Sign-up deadline: August 18th

**Camp fee: \$300**

**\$15/hr 7:30am before-care  
& after-care until 5pm available**

**Register at:**

**[www.stablehandstherapy.com/camp](http://www.stablehandstherapy.com/camp)**

Campers must be age 8-17 to participate and are divided into groups by age. No experience necessary.

Lunch and snacks will be provided. (Please inform us of any allergies or medication your child may be on.)

Required Attire: Long pants, smooth soled shoes or boots with heels and riding helmets. (Provided by camp, but campers can bring their own. Helmet must be an ASTM/SEI certified equestrian riding helmet.)



## **ROSTER OF ACTIVITIES:**

- 7:30am** Before-care starts
- 9:00am** Horse Camp starts
- 9:05am** Overview of the day's activities
- 9:30am** Horse education and safety
- 10:00am** Daily grooming session
- 10:30am** Snack break
- 10:45am** Unmounted horse activities
- Noon** Lunch
- 12:30pm** Arts and crafts
- 1:30pm** Mounted horse activities
- 2:30pm** Interactive games
- 3:00pm** End of camp. After-care starts
- 5:00pm** After-care/pick-up ends

On the last day of each camp session, we invite family and friends to come watch their campers in a presentation showcasing all they have learned at camp.

## **Camp Location:**

Stable Hands Equine Therapy Center  
142744 Countryside Drive  
Wausau, WI 54401

**Register at:**

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